

# GLUTEN-FREE

Please let your Cashier know you are gluten intolerant and we will do our best to help you find the menu item that meets your dietary needs.

RECOMMENDATIONS FOR GLUTEN INTOLERANT DIETS	The following Menu Items and Modifications can be requested to support a gluten intolerant diet.
Original Taco	Ordered with non-GMO Corn Tortillas; available with all proteins
California Taco	Ordered with non-GMO Corn Tortillas; available with all proteins
Fajita Taco	Ordered with non-GMO Corn Tortillas; Request: No Fajita Sauce; available with all proteins
Organic Tofu & Veggies Taco	Ordered with non-GMO Corn Tortillas; Request: No Fajita Sauce
Wild Caught Fish or Shrimp Taco	Ordered with non-GMO Corn Tortillas; Grilled Fish and Grilled Shrimp ONLY
Power Plates	All sides are GF except Grilled Veggies; if ordered Veggies request steamed instead of grilled
Fajita Bowl	Request Steamed Veggies in place of Grilled Veggies; order with Corn Tortillas
Stacked Chicken Enchilada	No modification required
Tostada Salad	Request: No Shell and Steamed Veggies; available with all proteins
NuMex Caesar Salad	Request: No Chile Croutons and No Tortilla Strips; available with all proteins
Chicken Tortilla Soup	Request: No Tortilla Strips
Kid's Bowl	If ordering with Salmon request No BBQ Sauce
Kid's Power Plate	All sides are GF except Grilled Veggies; if ordered Veggies request steamed instead of grilled
Naked Chicken Tostada Salad	Request: No Tortilla
Naked Chicken Fajita Bowl	No modifications required
Sharky's Quinoa Salad	No modifications required
Harvest Quinoa Salad	No modifications required
<b>OFF THE MENU ITEMS</b>	
Ranchero Shrimp Taco	Ordered with non-GMO Corn Tortillas
AJ Burrito Bowl	No modifications required

Please note that our corn tortillas are gluten-free, but may come into contact with gluten when fried for chips or tortilla strips.

Updated May 2017

