


# SHARKY'S

WOODFIRED MEXICAN GRILL

**EAT FRESH**   ALL NATURAL CHICKEN BREAST  
*plump not pumped*

FEEL *Good* ABOUT EATING®

 ORGANIC LOCAL GREENS

WE SAY **NO** TO GMO  NON-GMO CORN & OIL  
TACOS, BURRITOS, PIZZAS, SALADS  
**POWER PLATES**®

  *We Cater*  GRASS-FED STEAK  
ORGANIC TOFU  
BEANS & RICE

 WILD CAUGHT SALMON

ORGANIC QUINOA  ORGANIC YAMS

WE SEEK OUT ORGANIC, NATURAL & LOCAL INGREDIENTS THAT MEET  
..... *our standards* .....

SHARKYS.COM    @SharkysSocial

## Our STANDARDS

**ALL NATURAL CHICKEN BREAST**  
Plump not Pumped. No added preservatives, hormones or phosphates.

**GRASS-FED STEAK**  
100% grass-fed, 100% free range, no antibiotics or added growth hormones ever.

**WILD CAUGHT FISH**  
Premium grade catch of the day with no added phosphates.

**NON-GMO CORN & OIL**  
Non-GMO organic corn is used to make our corn tortillas and chips. We cook with Non-GMO project verified canola oil in our restaurants.

**rBGH-FREE CHEESE & SOUR CREAM**  
Some farms use rBGH for increasing milk production, but we choose to buy rBGH-Free.

**ORGANIC TOFU**  
Non-GMO Project Verified. US Grown. Grilled organic marinated tofu.

**ORGANIC BEANS**  
Organic Pinto or Black Beans made without lard.

**ORGANIC RICE**  
Organic whole grain Poblano brown rice or organic long grain Mexican style white rice.

**ORGANIC QUINOA**  
This "Super Food" from South America is a great plant-based protein source. Providing all essential amino acids and a good source of fiber, it's also gluten-free.

**ORGANIC LOCAL PRODUCE**  
We source Organic Romaine, Organic Mixed Greens, Organic Spinach, and Organic Yams locally.

**LOCAL PRODUCE**  
We are committed to making a positive impact on our Earth and our community. We source Broccoli, Onions, Cilantro and Peppers locally when available.

Organic, Natural & Local ingredients may vary from time to time due to availability and criteria.

## GET IT **NAKED**™

### LOWER FAT & LOWER CALORIES

**ORGANIC ROASTED VEGETABLE BOWL** *Vegan*  
Roasted organic carrots, organic beets, organic yams, organic brussel sprouts, organic cauliflower and red onion mixed with a walnut-cilantro pesto; served over organic spinach, organic quinoa, organic brown rice & organic black beans (veggies will vary with the season)  
Cal 584 Protein 23g Fat 14g

**Chicken** Cal 160 **Salmon** Cal 184

**NAKED CHICKEN FAJITA BOWL**  
Steamed veggies, organic poblano brown rice, organic beans, guacamole, non-fat sour cream, pico de gallo  
Cal 544 Protein 47g Fat 10g

**NAKED CHICKEN TOSTADA SALAD** **Half Full**  
Organic greens, steamed veggies, organic poblano brown rice, organic beans, guacamole, non-fat cheese, non-fat sour cream, pico de gallo, low-fat whole wheat tortilla  
HALF Cal 542 Protein 41g Fat 8g  
Cal 389 Protein 35g Fat 5g - No Tortilla  
FULL Cal 855 Protein 73g Fat 13g  
Cal 585 Protein 62g Fat 9g - No Tortilla

**NAKED SHARKY'S CHICKEN SALAD**  
Organic greens, cabbage, mandarin oranges, carrots, sesame lime dressing  
Cal 389 Protein 36g Fat 10g

**WILD SALMON "LITE" BURRITO**  
Grilled wild salmon, nori seaweed, organic poblano brown rice, avocado, cucumber, cabbage, chili sesame aioli, low-fat whole wheat tortilla  
Cal 651 Protein 41g Fat 20g

**SANTA FE "LITE" BURRITO**  
Chicken, non-fat cheese, guacamole, pico de gallo, low-fat whole wheat tortilla  
Cal 605 Protein 57g Fat 15g

**SHARKY'S**   
WOODFIRED MEXICAN GRILL

**BURBANK**  
(818) 840-9080  
Burbank Empire Center  
1791 N Victory Pl.

**STUDIO CITY**  
(818) 623-8000  
12905 Ventura Blvd.  
Breakfast Sat & Sun 8:30-noon

**TOLUCA LAKE**  
(818) 508-1900  
10119 Riverside Dr.

Visit [sharkys.com](http://sharkys.com) for a complete list of locations

### GET SHARKY'S REWARDS WITH THE MOBILE APP



Earn Rewards. Order Ahead.  
Find Locations. Get Exclusive Offers.

\$1 = 1 point  
100 points = \$7 in Sharky's Bucks.

➔ FRANCHISING OPPORTUNITIES ◀  
[WWW.SHARKYS.COM](http://WWW.SHARKYS.COM)

REFER TO ALLERGEN LIST FOR SPECIFIC ALLERGIES. A LIST OF GLUTEN-FREE OPTIONS IS AVAILABLE. Further written nutrition data is available on request for standard menu items. A 2,000 Calorie diet is used as the basis for general nutrition advice; however, individual Calorie needs may vary. A number of factors may affect the actual nutrition values for each product, including the fact that our menu items are handcrafted and may be customized, variations in serving sizes, preparation techniques, ingredient substitutions, product testing and sources of supply, as well as regional and seasonal differences. Sharky's cannot guarantee that the nutritional information provided is completely accurate as it relates to the prepared menu items in every restaurant.

Consuming raw or undercooked meat, poultry, seafood, shellstock, or eggs may increase your risk of food borne illness, especially in case of certain medical conditions.



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# BURRITOS

**WET BURRITO**

Cal +565

FLOUR OR LOW-FAT WHOLE WHEAT TORTILLA

## Choice of

**CHICKEN BREAST** No added preservatives, hormones or phosphates.

**ORGANIC TOFU** Non-GMO project verified. Marinated & grilled.

**GRASS-FED STEAK** Antibiotic free. No added hormones.

## FIESTA

Organic rice, organic beans, cheese, guacamole, sour cream & salsa verde Cal 930-1028

## SHARKY'S

Organic rice, organic beans, salsa verde Cal 656-733

## SANTA FE

Cheese, guacamole, pico de gallo Cal 654-705

## WILD CAUGHT FISH

Mesquite Grilled 732-790  
Tempura Battered 1076-1134

## SHRIMP

Mesquite Grilled 745-803 Tempura Battered 972-1030

Cabbage, sauce, cheese, organic rice, organic beans, pico de gallo

## ORGANIC TOFU & VEGGIES

*Vegan* Cal 707-765

## ORGANIC BEAN & CHEESE

Cal 729-744

**Chicken** Cal 160 / **Tofu** Cal 149 **Steak** Cal 190

FOR FASTER TAKE-OUT

*Phone Ahead or Order Online*

# STONE FIRED PIZZA

## SPICY 3 CHEESE

Tomatillo cheese sauce, tomatoes, cilantro, red onion, sour cream, jalapeno-cilantro tortilla crust **Chicken** Cal 160 Cal 963-1153

## CHIPOTLE BBQ CHICKEN

Chipotle BBQ sauce, 3 cheeses, tomatoes, cilantro, red onion, green onion, chipotle tortilla crust Cal 1092

MENU ITEMS AND PRICES MAY VARY BY LOCATION AND SUBJECT TO CHANGE WITHOUT NOTICE.

# TACOS

ADD RICE & BEANS OR SIDE SALAD  
Cal 216-264 / Cal 88

Served on Non-GMO corn tortillas or organic flour tortilla

## ORIGINAL

Cilantro, onions, salsa

**Chicken/Tofu Steak**

Cal 145-213

## FAJITA

Grilled veggies & onions, avocado, cheese

**Chicken/Tofu Steak**

Cal 276-344

## CALIFORNIA

Lettuce, tomatoes, cheese, salsa

**Chicken/Tofu Steak**

Cal 224-292

## ORGANIC TOFU & VEGGIES *Vegan*

Avocado, cilantro & onions, salsa

Cal 206-236

## WILD CAUGHT FISH SHRIMP

Cabbage, cheese, pico de gallo, sauce

Mesquite Grilled Cal 225-274

Tempura Battered Cal 345-439

# FAVORITOS

## FAJITA BOWL

Grilled veggies & onions, organic rice, organic beans, guacamole, sour cream, pico de gallo, choice of tortillas Cal 867-1041

**Chicken/ Tofu Steak/Salmon**

## STACKED CHICKEN ENCHILADA

Tomatillo cheese sauce, 3 cheeses, cilantro, onions, cabbage, sour cream, organic rice, organic beans Cal 1003

## NACHOS

**Chicken**

## NACHOS GRANDE

**Chicken**

3 cheeses, organic beans, guacamole, sour cream, pico de gallo, jalapeños Cal 1326-1518 GRANDE Cal 2548-2932

## 3 CHEESE

**Chicken Steak**

## QUESADILLA

Cal 799-988

## CHICKEN TAQUITOS

Guacamole, sour cream, organic rice, organic beans Cal 805

**CHICKEN TORTILLA SOUP** Cal 557

# POWER PLATES®

**HALF** choose 2 *Sides* (One side may be substituted by a side salad)  
**FULL** choose 3 *Sides*

HALF FULL

## ALL NATURAL CHICKEN BREAST

Cal 260-583 Cal 494-980

## ORGANIC TOFU

Cal 247-571 Cal 404-889

## GRASS-FED STEAK

Cal 299-622 Cal 573-1058

## WILD CAUGHT SALMON WILD CAUGHT FISH

Cal 233-557 Cal 442-927

Cal 146-470 Cal 267-752

## SHRIMP

Cal 214-538 Cal 349-834

## SIDES

**Organic Poblano Brown Rice** Cal 58

**Organic Mexican Rice** Cal 103

**Organic Quinoa with Veggies** Cal 160

**Grilled Fajita Veggies** Cal 78 (steamed on request)

**Organic Black Beans** Cal 158

**Organic Pinto Beans** Cal 160

**Steamed Broccoli** Cal 25

**Organic Yucatan Yams** Cal 95

**Organic Roasted Vegetables** Cal 144

with walnut-cilantro pesto

REFER TO ALLERGEN LIST FOR SPECIFIC ALLERGIES.

# KIDS

10 & Under

INCLUDES A MINI BAKED CHURRO Cal 30

**Organic Milk • Organic Honest Kids Drink • Kid's Soda** Cal 40-150

## KID'S BOWL

Cal 282-355

Chicken, organic tofu or salmon, organic rice, organic beans

## CHEESE QUESADILLA

Organic rice, organic beans, whole wheat tortilla Cal 519-567

## KID'S POWER PLATE

Organic poblano brown or organic mexican style rice, choice of broccoli, grilled veggies or yams Cal 180-287

**Chicken/ Tofu Steak/Salmon**

## ORGANIC BEAN & CHEESE BURRITO

Cal 611

Whole wheat tortilla

## CHICKEN & CHEESE ROLL-UP

Cal 387

Whole wheat tortilla

# SALADS

WITH ORGANIC GREENS

Half / Full

**Chicken** Cal 80/160

**Wild Caught Salmon** Cal 184

**Steak** Cal 95/190

**Grilled Shrimp** Cal 110

## SEASONAL SALAD

### BBQ CHICKEN

Cal 843

Chicken, fire-roasted fresh corn, toasted pecans, sweet peppers, organic mixed greens, pico de gallo, cheese, creamy chipotle BBQ dressing, crispy corn tortilla strips

## TOSTADA

Organic greens, grilled veggies, organic rice, organic beans, cabbage, carrots, tomatoes, cheese, guacamole, sour cream, pico de gallo Cal 1102-1179

## SHARKY'S CHICKEN

**Half Full**

Chicken, organic greens, cabbage, mandarin oranges, carrots, sesame tortilla strips, rice noodles, green onion; sesame lime dressing HALF Cal 329-341 FULL Cal 644-668

## NUMEX CAESAR

**Half Full**

Organic greens, roasted peppers, pepitas, chile croutons, tortilla strips, tomatoes, cotija cheese; poblano-caesar dressing HALF Cal 405-428 FULL Cal 668-703

## SHARKY'S QUINOA *Vegan*

Organic red & white quinoa, organic baby spinach, cabbage, jicama, cucumber, sweet peppers, green onions, cilantro, avocado vinaigrette; topped with avocado slices, toasted flax & chia seeds Cal 402

## SIDE SALAD

Organic greens, tomato, cucumber, pepitas, chile croutons, cotija Cal 187

## FOOD IS OUR WAY OF LIFE.

We use ingredients that we feel good about, so that you can too.

### *Our Organic Ingredients*

Pinto Beans

Black Beans

White Rice

Brown Rice

Quinoa

Tofu

Yams

Romaine

Mixed Greens

Spinach